



Eastern Ontario Cyclocross Series #6

November 21, 2021

Race 5 (Open)

21.57 km, 1st lap 3.21 km, 6 more laps of 3.06 km, winner: 57:23 - 22.56 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	22	WOODFORD, Alexander	Ride with Rendall p/b Biemme	Ottawa	Senior	74434	57:22.76		22.56	8:19.74	8:10.40	8:10.59	8:07.53	8:07.58	8:09.14	8:17.79
2	19	OMURA, Tommy		Ottawa	Senior	CP21-02551	58:46.07	1'23.31"	22.02	8:23.46	8:06.84	8:10.77	8:11.83	8:23.44	8:35.15	8:54.58
3	77	DUARTE, Filipe	Ottawa Bicycle Club	Gatineau	Senior	CP21-00232	59:23.15	2'00.39"	21.79	8:19.15	8:11.81	8:16.37	8:40.28	8:41.30	8:37.52	8:36.72
4	14	PROULX, Steve	The Cyclery	Gatineau	Senior	eocx14	59:41.15	2'18.38"	21.68	8:36.21	8:28.25	8:30.10	8:32.37	8:30.45	8:38.84	8:24.94
5	29	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	CP21-01137	59:41.93	2'19.16"	21.68	8:35.95	8:26.84	8:30.26	8:33.13	8:31.66	8:38.55	8:25.56
6	17	ZAGAR, Myles		Ottawa	Senior	CP21-02561	59:47.86	2'25.09"	21.64	8:36.89	8:28.07	8:28.95	8:32.60	8:31.85	8:40.09	8:29.41
7	27	MILLER, Michael	The Cyclery	Vanier	Senior	CP21-02426	59:49.45	2'26.68"	21.63	8:35.79	8:28.31	8:35.58	8:29.99	8:29.44	8:41.72	8:28.62
8	16	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	74655	1:00:21.92	2'59.16"	21.44	8:38.95	8:27.68	8:39.31	8:30.43	8:35.52	8:43.23	8:46.80
9	35	HAMM, Emile	Ride with Rendall p/b Biemme	Thunder Bay	Senior	74498	1:01:14.44	3'51.68"	21.13	8:18.58	8:35.29	8:39.87	8:48.04	8:52.02	8:49.14	9:11.50
10	142	ROULEAU, Eric	Scott-RackUltra	Gatineau	Master A	51240	1:01:50.89	4'28.12"	20.93	8:46.73	8:44.99	8:45.54	8:49.58	8:55.07	8:54.82	8:54.16
11	112	SABATINO, Simon	CC Maraudeurs	Montreal	Master A	53718	1:02:56.31	5'33.55"	20.56	8:58.72	8:47.96	8:51.63	9:01.42	9:03.65	9:04.43	9:08.50
12	23	WOODFORD, Theodore	Ottawa Bicycle Club	Ottawa	Senior	74098	1:03:06.08	5'43.31"	20.51	8:37.70	8:45.87	8:56.41	9:14.59	9:16.84	9:15.09	8:59.58
13	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	CP21-02535	1:03:26.86	6'04.09"	20.40	9:13.78	8:58.25	8:58.91	8:58.57	8:59.47	9:06.43	9:11.45
14	104	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master A	74435	1:04:44.42	7'21.66"	19.99	9:21.91	8:58.86	9:06.66	9:05.41	9:07.10	9:18.68	9:45.80
15	113	DUGUAY, Jean-Philippe		Orleans	Master A	CP21-02555	1:04:57.97	7'35.20"	19.92	9:14.93	8:59.93	9:07.72	9:07.09	9:21.13	9:37.09	9:30.08
16	105	WALTON, Adrian		Ottawa	Master A	CP21-02544	1:05:16.40	7'53.64"	19.83	9:26.77	9:00.63	9:09.44	9:20.48	9:25.27	9:21.35	9:32.45
17	18	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	74748	1:06:01.38	8'38.62"	19.60	9:17.31	9:01.16	9:11.48	9:20.50	9:41.95	9:37.37	9:51.62
18	116	SCHIEMANN, Neil		Ottawa	Master A	CP21-02107	1:06:14.74	8'51.98"	19.54	9:20.31	9:11.95	9:28.70	9:31.43	9:27.75	9:33.77	9:40.83
19	36	BURCUL, Zvonimir		Ottawa	Senior	CP21-02591	1:06:32.40	9'09.63"	19.45	9:07.45	9:00.44	9:02.86	9:01.03	10:30.58	9:54.51	9:55.54
20	101	DEDO, Carey	GearHeads Cycling Club	Pembroke	Master A	CP21-02407	1:06:33.59	9'10.83"	19.44	9:27.42	9:16.53	9:27.16	9:27.26	9:35.93	9:51.82	9:27.47
21	20	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	51425	57:34.60	-1 lap	19.29	9:16.49	9:02.95	9:21.20	10:12.62	10:24.28	9:17.06	
22	30	BEARDSALL, Andrew		Ottawa	Senior	CP21-02562	58:05.65	-1 lap	19.12	9:25.68	9:22.51	9:28.83	9:40.95	9:58.62	10:09.06	
23	108	ASSELSTINE, Michael		Ottawa	Master A	CP21-02001	58:41.38	-1 lap	18.92	9:30.44	9:37.76	9:49.33	9:50.84	9:55.89	9:57.13	
24	123	EL-GHAZAL, Imad	Rebec and Kroes Cycle and Sport	Gatineau	Master A	CP21-02598	59:40.52	-1 lap	18.61	10:31.24	10:07.77	9:53.16	9:49.42	9:41.38	9:37.55	
25	179	FITZMAURICE, Danny		Ottawa	Master A	CP21-02554	1:01:38.16	-1 lap	18.02	10:11.03	10:15.35	10:06.06	10:02.92	10:31.64	10:31.15	
26	26	WASIAK, Szymek		Ottawa	Senior	CP21-02505	1:04:09.80	-1 lap	17.31	10:41.80	10:30.39	10:44.15	10:40.88	10:46.15	10:46.43	
27	170	GORMAN, Brendan	Nine2FivePro Cycling Team	Kinburn	Master A	CP21-02592	1:08:29.76	-1 lap	16.21	10:52.31	10:35.16	11:20.39	11:47.01	11:58.35	11:56.54	
28	119	ROBERTS, Joshua		Ottawa	Master A	CP21-02607	1:08:34.93	-1 lap	16.19	10:51.22	11:11.98	11:37.35	11:33.71	11:49.03	11:31.64	
29	34	JONES, Wills		Ottawa	Senior	CP21-02587	58:55.36	-2 laps	15.73	12:06.03	11:47.35	11:55.08	11:18.41	11:48.49		
30	38	VERDON, Eric		Ottawa	Senior	CP21-02599	1:01:13.38	-2 laps	15.14	11:39.12	11:54.99	11:49.36	12:21.08	13:28.84		
DNF	102	LEES, Andrew	Nine2FivePro Cycling Team	Gatineau	Master A	CP21-02614			19.82	9:28.76	9:04.92	9:08.58	9:39.36	9:24.61		



Eastern Ontario Cyclocross Series #6

November 21, 2021

Senior (Men)

21.57 km, 1st lap 3.21 km, 6 more laps of 3.06 km, winner: 57:23 - 22.56 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	22	WOODFORD, Alexander	Ride with Rendall p/b Biemme	Ottawa	Senior	74434	57:22.76		22.56	8:19.74	8:10.40	8:10.59	8:07.53	8:07.58	8:09.14	8:17.79
2	19	OMURA, Tommy		Ottawa	Senior	CP21-02551	58:46.07	1'23.31"	22.02	8:23.46	8:06.84	8:10.77	8:11.83	8:23.44	8:35.15	8:54.58
3	77	DUARTE, Filipe	Ottawa Bicycle Club	Gatineau	Senior	CP21-00232	59:23.15	2'00.39"	21.79	8:19.15	8:11.81	8:16.37	8:40.28	8:41.30	8:37.52	8:36.72
4	14	PROULX, Steve	The Cyclery	Gatineau	Senior	eocx14	59:41.15	2'18.38"	21.68	8:36.21	8:28.25	8:30.10	8:32.37	8:30.45	8:38.84	8:24.94
5	29	BAKKER, Osmond	Bakker?s Trailblazers	Stittsville	Senior	CP21-01137	59:41.93	2'19.16"	21.68	8:35.95	8:26.84	8:30.26	8:33.13	8:31.66	8:38.55	8:25.56
6	17	ZAGAR, Myles		Ottawa	Senior	CP21-02561	59:47.86	2'25.09"	21.64	8:36.89	8:28.07	8:28.95	8:32.60	8:31.85	8:40.09	8:29.41
7	27	MILLER, Michael	The Cyclery	Vanier	Senior	CP21-02426	59:49.45	2'26.68"	21.63	8:35.79	8:28.31	8:35.58	8:29.99	8:29.44	8:41.72	8:28.62
8	16	VAN DEN HAM, Doug	Nine2FivePro Cycling Team	Ottawa	Senior	74655	1:00:21.92	2'59.16"	21.44	8:38.95	8:27.68	8:39.31	8:30.43	8:35.52	8:43.23	8:46.80
9	35	HAMM, Emile	Ride with Rendall p/b Biemme	Thunder Bay	Senior	74498	1:01:14.44	3'51.68"	21.13	8:18.58	8:35.29	8:39.87	8:48.04	8:52.02	8:49.14	9:11.50
10	23	WOODFORD, Theodore	Ottawa Bicycle Club	Ottawa	Senior	74098	1:03:06.08	5'43.31"	20.51	8:37.70	8:45.87	8:56.41	9:14.59	9:16.84	9:15.09	8:59.58
11	18	BOUDREAU, Marc	The Cyclery	Ottawa	Senior	74748	1:06:01.38	8'38.62"	19.60	9:17.31	9:01.16	9:11.48	9:20.50	9:41.95	9:37.37	9:51.62
12	36	BURCUL, Zvonimir		Ottawa	Senior	CP21-02591	1:06:32.40	9'09.63"	19.45	9:07.45	9:00.44	9:02.86	9:01.03	10:30.58	9:54.51	9:55.54
13	20	MICHAUD, Lucas	Centre du Vélo La Shop	Gatineau	Senior	51425	57:34.60	-1 lap	19.29	9:16.49	9:02.95	9:21.20	10:12.62	10:24.28	9:17.06	
14	30	BEARDSALL, Andrew		Ottawa	Senior	CP21-02562	58:05.65	-1 lap	19.12	9:25.68	9:22.51	9:28.83	9:40.95	9:58.62	10:09.06	
15	26	WASIAK, Szymek		Ottawa	Senior	CP21-02505	1:04:09.80	-1 lap	17.31	10:41.80	10:30.39	10:44.15	10:40.88	10:46.15	10:46.43	
16	34	JONES, Wills		Ottawa	Senior	CP21-02587	58:55.36	-2 laps	15.73	12:06.03	11:47.35	11:55.08	11:18.41	11:48.49		
17	38	VERDON, Eric		Ottawa	Senior	CP21-02599	1:01:13.38	-2 laps	15.14	11:39.12	11:54.99	11:49.36	12:21.08	13:28.84		



Eastern Ontario Cyclocross Series #6

November 21, 2021

Master A 30-39 (Men)

21.57 km, 1st lap 3.21 km, 6 more laps of 3.06 km, winner: 1:01:51 - 20.93 km/h

Pos	Bib	Name	Team	City	Category	License	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	142	ROULEAU, Eric	Scott-RackUltra	Gatineau	Master A	51240	1:01:50.89		20.93	8:46.73	8:44.99	8:45.54	8:49.58	8:55.07	8:54.82	8:54.16
2	112	SABATINO, Simon	CC Maraudeurs	Montreal	Master A	53718	1:02:56.31	1'05.43"	20.56	8:58.72	8:47.96	8:51.63	9:01.42	9:03.65	9:04.43	9:08.50
3	100	LAFONTAINE, Bruno	Centre du Vélo La Shop	Gatineau	Master A	CP21-02535	1:03:26.86	1'35.97"	20.40	9:13.78	8:58.25	8:58.91	8:58.57	8:59.47	9:06.43	9:11.45
4	104	WOODFORD, Michael	Ride with Rendall p/b Biemme	Ottawa	Master A	74435	1:04:44.42	2'53.54"	19.99	9:21.91	8:58.86	9:06.66	9:05.41	9:07.10	9:18.68	9:45.80
5	113	DUGUAY, Jean-Philippe		Orleans	Master A	CP21-02555	1:04:57.97	3'07.08"	19.92	9:14.93	8:59.93	9:07.72	9:07.09	9:21.13	9:37.09	9:30.08
6	105	WALTON, Adrian		Ottawa	Master A	CP21-02544	1:05:16.40	3'25.52"	19.83	9:26.77	9:00.63	9:09.44	9:20.48	9:25.27	9:21.35	9:32.45
7	116	SCHIEMANN, Neil		Ottawa	Master A	CP21-02107	1:06:14.74	4'23.86"	19.54	9:20.31	9:11.95	9:28.70	9:31.43	9:27.75	9:33.77	9:40.83
8	101	DEDO, Carey	GearHeads Cycling Club	Pembroke	Master A	CP21-02407	1:06:33.59	4'42.71"	19.44	9:27.42	9:16.53	9:27.16	9:27.26	9:35.93	9:51.82	9:27.47
9	108	ASSELSTINE, Michael		Ottawa	Master A	CP21-02001	58:41.38	-1 lap	18.92	9:30.44	9:37.76	9:49.33	9:50.84	9:55.89	9:57.13	
10	123	EL-GHAZAL, Imad	Rebec and Kroes Cycle and Sport	Gatineau	Master A	CP21-02598	59:40.52	-1 lap	18.61	10:31.24	10:07.77	9:53.16	9:49.42	9:41.38	9:37.55	
11	179	FITZMAURICE, Danny		Ottawa	Master A	CP21-02554	1:01:38.16	-1 lap	18.02	10:11.03	10:15.35	10:06.06	10:02.92	10:31.64	10:31.15	
12	170	GORMAN, Brendan	Nine2FivePro Cycling Team	Kinburn	Master A	CP21-02592	1:08:29.76	-1 lap	16.21	10:52.31	10:35.16	11:20.39	11:47.01	11:58.35	11:56.54	
13	119	ROBERTS, Joshua		Ottawa	Master A	CP21-02607	1:08:34.93	-1 lap	16.19	10:51.22	11:11.98	11:37.35	11:33.71	11:49.03	11:31.64	
DNF	102	LEES, Andrew	Nine2FivePro Cycling Team	Gatineau	Master A	CP21-02614			19.82	9:28.76	9:04.92	9:08.58	9:39.36	9:24.61		