



Eastern Ontario Cyclocross Series #4

October 23, 2022

Race 4 - Women (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 49:59 - 19.51 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	ELLIOTT, Natasha		Gatineau	Senior	eocx2		49:58.90		19.51	6:48.38	8:25.71	8:35.69	8:41.71	8:48.43	8:38.98
2	280	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U17	ON74313	CWU17	50:36.62	0'37.72"	19.26	6:37.91	8:24.24	8:47.96	8:45.33	9:16.62	8:44.56
3	1	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON74742	CWMA	52:28.66	2'29.75"	18.58	7:13.60	8:47.91	8:57.25	9:06.12	9:07.68	9:16.10
4	5	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON74744	CWE.3	52:39.95	2'41.04"	18.51	7:09.87	8:54.38	9:02.61	9:15.04	9:12.61	9:05.44
5	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON74083	CWE.1	53:00.71	3'01.81"	18.39	7:38.97	9:10.48	9:07.65	8:52.29	9:02.62	9:08.70
6	128	GARRETT, Caitlin	613 Cycling	Ottawa	Master A	PR22-02826	CWMA	53:31.12	3'32.21"	18.22	7:14.61	8:55.38	9:13.08	9:26.87	9:19.61	9:21.57
7	421	TESSIER, Sonia	Ottawa Women?s Cycling Club	Gatineau	Master C	PR22-01195	CWMB	53:48.23	3'49.32"	18.12	7:18.46	9:02.12	9:22.55	9:15.50	9:25.69	9:23.91
8	190	MELLON, Alyssa	The Cyclery	Ottawa	Master B	PR22-02954	CWMA	54:35.09	4'36.19"	17.86	7:29.66	9:23.96	9:20.45	9:44.22	9:20.74	9:16.07
9	8	VARAH, Nina		Ottawa	Senior	PR22-02953	CWE.3	55:13.31	5'14.41"	17.66	7:47.57	9:12.80	9:21.16	9:38.40	9:42.75	9:30.63
10	11	DERTINGER, Caitlin		Ottawa	Senior	PR22-02989	CWE.3	55:24.89	5'25.99"	17.59	7:38.27	9:24.46	9:30.25	9:38.09	9:47.09	9:26.74
11	192	BERTHIAUME, Alicia	GearHeads	Pembroke	Master B	PR22-02872	CWMB	56:08.09	6'09.18"	17.37	7:28.84	9:28.13	9:43.18	9:47.11	9:49.80	9:51.02
12	813	PERRON, Dorothée	Ottawa Bicycle Club	Gatineau	U19 JrF	PR22-02764	CWE.4	56:13.77	6'14.86"	17.34	7:30.49	9:18.86	9:42.55	9:49.40	10:01.21	9:51.26
13	181	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	PR22-01824	CWMB	56:26.01	6'27.11"	17.28	7:48.77	9:26.23	9:45.40	9:51.46	9:54.02	9:40.12
14	423	VEILLEUX, Isabelle	Agowatt	Chelsea	Master C	eocx423		56:57.99	6'59.09"	17.12	7:41.36	9:21.38	9:54.55	9:47.23	9:58.72	10:14.75
15	180	FICKER, Christine	euro-sports	Carp	Master B	PR22-01533	CWMB	57:50.32	7'51.41"	16.86	7:37.31	9:51.82	9:51.81	10:13.36	10:13.90	10:02.12
16	422	ALLEN, Valery		Cornwall	Master C	PR22-00217	CWMB	58:12.90	8'14.00"	16.75	7:56.49	10:02.77	10:02.77	10:02.77	9:52.21	10:15.91
17	281	WALLNER, Miina	Ottawa Bicycle Club	Ottawa	U17	ON74322	CWU17	58:32.57	8'33.67"	16.65	7:40.11	9:44.16	10:10.92	10:11.21	10:21.22	10:24.95
18	821	THOMSON, Joanne		Ottawa	Master C			59:04.12	9'05.22"	16.51	7:54.94	9:47.99	10:04.35	10:07.96	10:28.94	10:39.95
19	65	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON74596	CWMD	1:01:09.57	11'10.67"	15.94	7:51.71	9:42.92	10:03.62	10:17.77	11:00.13	12:13.42
20	189	ROCHON, Marie-Helene	Centre du Vélo La Shop	Gatineau	Master B	eocx189		50:25.28	-1 lap	15.95	8:11.66	10:13.84	10:29.83	10:37.57	10:52.38	
21	80	DAWSON, Cait	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74129	CWE.3	51:23.71	-1 lap	15.64	7:58.47	10:34.02	10:51.01	10:49.51	11:10.71	
22	126	GLENDENNING, Carlee	Ottawa Women?s Cycling Club	Kanata	Master A	PR22-00770	CWE.3	51:36.80	-1 lap	15.58	8:08.43	10:30.58	10:40.29	11:02.40	11:15.08	
23	187	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	PR22-00806	CWMB	51:56.48	-1 lap	15.48	8:37.11	10:29.26	10:54.24	11:02.17	10:53.69	
24	429	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	PR22-02508	CWMB	52:33.16	-1 lap	15.30	8:25.76	10:24.25	10:36.53	11:19.13	11:47.49	
25	194	GRIEVE, Natalie		Kanata	Master B	PR22-02987	CWMB	52:43.48	-1 lap	15.25	8:34.49	10:31.19	11:06.03	11:17.78	11:14.01	
26	330	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-01823	CWU15	53:39.85	-1 lap	14.98	8:39.99	10:43.83	11:27.72	11:41.00	11:07.32	
27	427	FAUVELLE, H�el�ene	�quipe F�eminine Polo V�elo	Gatineau	Master C	eocx427		53:43.49	-1 lap	14.97	8:21.28	10:56.50	11:19.95	11:42.07	11:23.70	
28	818	WAGENMAN, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	PR22-00971	CWE.3	53:45.19	-1 lap	14.96	8:49.70	10:51.89	11:17.86	11:26.02	11:19.72	
29	331	BROOKS, Josephine	Ottawa Bicycle Club	Nepean	U15 Girls	ON74504	CWU15	54:05.80	-1 lap	14.86	8:35.14	11:28.75	11:56.36	10:59.88	11:05.67	
30	282	MOON, Emma	Bakker?s Trailblazers	Stittsville	U17	PR22-02482	CWU17	54:06.94	-1 lap	14.86	8:53.54	11:05.15	11:26.52	11:28.92	11:12.80	
31	67	KONANTZ, Patricia	Ride with Rendall p/b Biemme	Chelsea	Master D	2ecx735		54:32.01	-1 lap	14.74	8:52.52	10:58.32	11:11.21	11:42.46	11:47.51	
32	333	GAUTHIER, Julianne	Les Cuisses Or De L?Ouiaouais	Gatineau	U15 Girls	eocx333		54:44.48	-1 lap	14.69	8:38.81	11:00.83	12:06.00	11:21.54	11:37.30	
33	431	BEREZNAI, Claudia	Ottawa Bicycle Club	Ottawa	Master C	PR22-00733	CWMB	55:04.59	-1 lap	14.60	8:51.71	10:55.20	11:29.64	11:58.24	11:49.80	
34	430	RACETTE, Marie-Eve	Ottawa Bicycle Club	Ottawa	Master C	PR22-00683	CWMB	57:18.06	-1 lap	14.03	9:16.78	11:21.33	11:27.52	12:16.49	12:55.94	
35	3	BAKKER, Lauryn	Bakker?s Trailblazers	Stittsville	Senior	PR22-00600	CWE.3	59:54.64	-1 lap	13.42	8:38.77	10:40.79	11:29.74	16:51.69	12:13.65	
36	184	DEVEER, Helena		Ottawa	Master B	PR22-01690	CWMB	52:27.84	-2 laps	12.07	10:02.29	13:11.76	14:25.46	14:48.33		
37	183	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	PR22-02867	CWMB	1:01:34.41	-2 laps	10.28	11:23.07	17:28.70	17:31.32	15:11.31		
38	335	SANKEY, Georgia	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-00888	CWU15	32:22.04	-3 laps	14.27	8:38.10	11:13.26	12:30.69			
39	332	KAISARY, Georgia	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-00670	CWU15	35:32.14	-3 laps	13.00	9:58.75	13:25.64	12:07.76			
DNF	420	HARRISON, Suzanne	euro-sports	Ottawa	Master C	PR22-01070	CWMB			17.23	7:17.65	9:41.38	9:48.01	9:57.65		
DNF	10	STROUD, Raylan		Stittsville	Senior	ON75069	CWE.3			17.21	7:28.17	9:25.34	9:57.36			
DNF	66	BOUCHER, Lucie	Ottawa Women?s Cycling Club	Gatineau	Master D	PR22-00074	CWMC			11.62	11:01.24	14:01.36				
DNF	81	FRANK, Addison	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74490	CWE.3			16.75	7:09.77					



Eastern Ontario Cyclocross Series #4

October 23, 2022

Master A 30-39 (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 53:31 - 18.22 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	128	GARRETT, Caitlin	613 Cycling	Ottawa	Master A	PR22-02826	CWMA	53:31.12		18.22	7:14.61	8:55.38	9:13.08	9:26.87	9:19.61	9:21.57
2	126	GLENDENNING, Carlee	Ottawa Women?s Cycling Club	Kanata	Master A	PR22-00770	CWE.3	51:36.80	-1 lap	15.58	8:08.43	10:30.58	10:40.29	11:02.40	11:15.08	



Eastern Ontario Cyclocross Series #4

October 23, 2022

U19 (Junior) (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 56:14 - 17.34 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	813	PERRON, Dorothée	Ottawa Bicycle Club	Gatineau	U19 JrF	PR22-02764	CWE.4	56:13.77		17.34	7:30.49	9:18.86	9:42.55	9:49.40	10:01.21	9:51.26
2	80	DAWSON, Cait	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74129	CWE.3	51:23.71	-1 lap	15.64	7:58.47	10:34.02	10:51.01	10:49.51	11:10.71	
DNF	81	FRANK, Addison	Ottawa Bicycle Club	Ottawa	U19 JrF	ON74490	CWE.3			16.75	7:09.77					



Eastern Ontario Cyclocross Series #4

October 23, 2022

Master B 40-49 (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 54:35 - 17.86 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	190	MELLON, Alyssa	The Cyclery	Ottawa	Master B	PR22-02954	CWMA	54:35.09		17.86	7:29.66	9:23.96	9:20.45	9:44.22	9:20.74	9:16.07
2	192	BERTHIAUME, Alicia	GearHeads	Pembroke	Master B	PR22-02872	CWMB	56:08.09	1'32.99"	17.37	7:28.84	9:28.13	9:43.18	9:47.11	9:49.80	9:51.02
3	181	EDWARDS, Stephanie	Ottawa Bicycle Club	Ottawa	Master B	PR22-01824	CWMB	56:26.01	1'50.92"	17.28	7:48.77	9:26.23	9:45.40	9:51.46	9:54.02	9:40.12
4	180	FICKER, Christine	euro-sports	Carp	Master B	PR22-01533	CWMB	57:50.32	3'15.22"	16.86	7:37.31	9:51.82	9:51.81	10:13.36	10:13.90	10:02.12
5	189	ROCHON, Marie-Helene	Centre du Vélo La Shop	Gatineau	Master B	eocx189		50:25.28	-1 lap	15.95	8:11.66	10:13.84	10:29.83	10:37.57	10:52.38	
6	187	BROOKS, Melissa	Ottawa Bicycle Club	Nepean	Master B	PR22-00806	CWMB	51:56.48	-1 lap	15.48	8:37.11	10:29.26	10:54.24	11:02.17	10:53.69	
7	194	GRIEVE, Natalie		Kanata	Master B	PR22-02987	CWMB	52:43.48	-1 lap	15.25	8:34.49	10:31.19	11:06.03	11:17.78	11:14.01	
8	184	DEVEER, Helena		Ottawa	Master B	PR22-01690	CWMB	52:27.84	-2 laps	12.07	10:02.29	13:11.76	14:25.46	14:48.33		
9	183	MCKENNA, Tammy	The Cyclery	Stittsville	Master B	PR22-02867	CWMB	1:01:34.41	-2 laps	10.28	11:23.07	17:28.70	17:31.32	15:11.31		



Eastern Ontario Cyclocross Series #4

October 23, 2022

Senior (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 49:59 - 19.51 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	2	ELLIOTT, Natasha		Gatineau	Senior	eocx2		49:58.90		19.51	6:48.38	8:25.71	8:35.69	8:41.71	8:48.43	8:38.98
2	1	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON74742	CWMA	52:28.66	2'29.75"	18.58	7:13.60	8:47.91	8:57.25	9:06.12	9:07.68	9:16.10
3	5	EVERSON, Sara	The Cyclery	Ottawa	Senior	ON74744	CWE.3	52:39.95	2'41.04"	18.51	7:09.87	8:54.38	9:02.61	9:15.04	9:12.61	9:05.44
4	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON74083	CWE.1	53:00.71	3'01.81"	18.39	7:38.97	9:10.48	9:07.65	8:52.29	9:02.62	9:08.70
5	8	VARAH, Nina		Ottawa	Senior	PR22-02953	CWE.3	55:13.31	5'14.41"	17.66	7:47.57	9:12.80	9:21.16	9:38.40	9:42.75	9:30.63
6	11	DERTINGER, Caitlin		Ottawa	Senior	PR22-02989	CWE.3	55:24.89	5'25.99"	17.59	7:38.27	9:24.46	9:30.25	9:38.09	9:47.09	9:26.74
7	818	WAGENMAN, Emma	Ride with Rendall p/b Biemme	Ottawa	Senior	PR22-00971	CWE.3	53:45.19	-1 lap	14.96	8:49.70	10:51.89	11:17.86	11:26.02	11:19.72	
8	3	BAKKER, Lauryn	Bakker?s Trailblazers	Stittsville	Senior	PR22-00600	CWE.3	59:54.64	-1 lap	13.42	8:38.77	10:40.79	11:29.74	16:51.69	12:13.65	
DNF	10	STROUD, Raylan		Stittsville	Senior	ON75069	CWE.3			17.21	7:28.17	9:25.34	9:57.36			



Eastern Ontario Cyclocross Series #4

October 23, 2022

Master C 50-59 (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 53:48 - 18.12 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	421	TESSIER, Sonia	Ottawa Women?s Cycling Club	Gatineau	Master C	PR22-01195	CWMB	53:48.23		18.12	7:18.46	9:02.12	9:22.55	9:15.50	9:25.69	9:23.91
2	423	VEILLEUX, Isabelle	Agowatt	Chelsea	Master C	eocx423		56:57.99	3'09.77"	17.12	7:41.36	9:21.38	9:54.55	9:47.23	9:58.72	10:14.75
3	422	ALLEN, Valery		Cornwall	Master C	PR22-00217	CWMB	58:12.90	4'24.68"	16.75	7:56.49	10:02.77	10:02.77	10:02.77	9:52.21	10:15.91
4	821	THOMSON, Joanne		Ottawa	Master C			59:04.12	5'15.90"	16.51	7:54.94	9:47.99	10:04.35	10:07.96	10:28.94	10:39.95
5	429	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	PR22-02508	CWMB	52:33.16	-1 lap	15.30	8:25.76	10:24.25	10:36.53	11:19.13	11:47.49	
6	427	FAUVELLE, H�el�ene	�quipe F�eminine Polo V�elo	Gatineau	Master C	eocx427		53:43.49	-1 lap	14.97	8:21.28	10:56.50	11:19.95	11:42.07	11:23.70	
7	431	BEREZNAI, Claudia	Ottawa Bicycle Club	Ottawa	Master C	PR22-00733	CWMB	55:04.59	-1 lap	14.60	8:51.71	10:55.20	11:29.64	11:58.24	11:49.80	
8	430	RACETTE, Marie-Eve	Ottawa Bicycle Club	Ottawa	Master C	PR22-00683	CWMB	57:18.06	-1 lap	14.03	9:16.78	11:21.33	11:27.52	12:16.49	12:55.94	
DNF	420	HARRISON, Suzanne	euro-sports	Ottawa	Master C	PR22-01070	CWMB			17.23	7:17.65	9:41.38	9:48.01	9:57.65		



Eastern Ontario Cyclocross Series #4

October 23, 2022

Under 15 Girls (Women)

13.40 km, 1st lap 2.00 km, 4 more laps of 2.85 km, winner: 53:40 - 14.98 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5
1	330	DANIELS, Heidi	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-01823	CWU15	53:39.85		14.98	8:39.99	10:43.83	11:27.72	11:41.00	11:07.32
2	331	BROOKS, Josephine	Ottawa Bicycle Club	Nepean	U15 Girls	ON74504	CWU15	54:05.80	0'25.95"	14.86	8:35.14	11:28.75	11:56.36	10:59.88	11:05.67
3	333	GAUTHIER, Julianne	Les Cuisses Or De L?Ouiaouais	Gatineau	U15 Girls	eocx333		54:44.48	1'04.63"	14.69	8:38.81	11:00.83	12:06.00	11:21.54	11:37.30
4	335	SANKEY, Georgia	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-00888	CWU15	32:22.04	-2 laps	14.27	8:38.10	11:13.26	12:30.69		
5	332	KAISARY, Georgia	Ottawa Bicycle Club	Ottawa	U15 Girls	PR22-00670	CWU15	35:32.14	-2 laps	13.00	9:58.75	13:25.64	12:07.76		



Eastern Ontario Cyclocross Series #4

October 23, 2022

Master D 60+ (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 1:01:10 - 15.94 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	65	GIROUARD, Marcie	euro-sports	Ottawa	Master D	ON74596	CWMD	1:01:09.57		15.94	7:51.71	9:42.92	10:03.62	10:17.77	11:00.13	12:13.42
2	67	KONANTZ, Patricia	Ride with Rendall p/b Biemme	Chelsea	Master D	2ecx735		54:32.01	-1 lap	14.74	8:52.52	10:58.32	11:11.21	11:42.46	11:47.51	
DNF	66	BOUCHER, Lucie	Ottawa Women?s Cycling Club	Gatineau	Master D	PR22-00074	CWMC			11.62	11:01.24	14:01.36				



Eastern Ontario Cyclocross Series #4

October 23, 2022

Under 17 Girls (Women)

16.25 km, 1st lap 2.00 km, 5 more laps of 2.85 km, winner: 50:37 - 19.26 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6
1	280	SMITH, Ella	Ottawa Bicycle Club	Ottawa	U17	ON74313	CWU17	50:36.62		19.26	6:37.91	8:24.24	8:47.96	8:45.33	9:16.62	8:44.56
2	281	WALLNER, Miina	Ottawa Bicycle Club	Ottawa	U17	ON74322	CWU17	58:32.57	7'55.95"	16.65	7:40.11	9:44.16	10:10.92	10:11.21	10:21.22	10:24.95
3	282	MOON, Emma	Bakker?s Trailblazers	Stittsville	U17	PR22-02482	CWU17	54:06.94	-1 lap	14.86	8:53.54	11:05.15	11:26.52	11:28.92	11:12.80	