



Eastern Ontario Cyclocross Series #8

November 17, 2024

Race 4 - Women (Open)

17.25 km, 1st lap 1.65 km, 8 more laps of 1.95 km, winner: 51:20 - 20.16 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON76534	CWE	51:20.15		20.16	4:48.69	5:49.24	5:49.04	5:50.74	5:45.17	5:46.40	5:47.89	5:50.05	5:52.93
2	1	ELLIOTT, Natasha	The Cyclery	Gatineau	Senior	eocx1	CWMB	51:35.26	0'15.12"	20.06	4:48.10	5:51.37	5:49.10	5:48.41	5:45.37	5:51.46	5:51.80	5:54.63	5:55.04
3	2	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON76687	CWMA	51:51.49	0'31.35"	19.96	5:06.23	5:50.49	5:49.86	5:48.57	5:46.45	5:51.87	5:53.21	5:57.25	5:47.57
4	868	MILETTE, Laury	Komugi Grand-Est	Ottawa	Senior		CWE	52:09.07	0'48.93"	19.85	5:10.30	5:49.05	5:46.59	5:50.64	5:51.79	6:02.45	5:51.47	5:54.72	5:52.05
5	3	STROUD, Raylan	The Cyclery	Perry	Senior	ON76693	CWE	52:30.06	1'09.92"	19.71	5:04.01	5:54.27	5:54.21	5:56.11	5:53.06	5:57.00	5:50.88	6:00.66	5:59.86
6	13	VARAH, Nina	The Cyclery	Ottawa	Senior	24CHAL-1361	CWE	56:01.59	4'41.44"	18.47	5:19.81	6:19.82	6:11.63	6:14.16	6:20.18	6:34.53	6:19.60	6:19.71	6:22.14
7	871	TESSIER, Sonia		Gatineau	Master C	1ecx851	CWMB	56:24.28	5'04.13"	18.35	5:21.98	6:17.61	6:14.99	6:18.98	6:23.59	6:21.54	6:26.85	6:29.09	6:29.64
8	323	FICKER, Christine	euro-sports	Carp	Master C	24COMP-0699	CWMB	57:44.36	6'24.21"	17.93	5:19.54	6:22.35	6:29.61	6:27.89	6:30.35	6:37.79	6:40.11	6:38.01	6:38.72
9	887	BILODEAU, Laetitia	Passion Project	Gatineau	Senior	2ecx713	CWE	57:50.33	6'30.19"	17.89	5:55.57	6:27.36	6:32.39	6:38.79	6:27.50	6:30.32	6:21.63	6:21.03	6:35.75
10	85	MOON, Emma	Bakker?s Trailblazers	Stittsville	U19 JrF	ON76477	CWJ	57:52.24	6'32.10"	17.88	5:23.90	6:25.07	6:26.95	6:36.75	6:38.88	6:33.69	6:41.43	6:30.79	6:34.79
11	320	MOUSSEAU, Nathalie	euro-sports	Stittsville	Master C	24COMP-0613	CWMB	51:31.78	-1 lap	17.82	5:28.47	6:29.86	6:29.24	6:32.04	6:35.13	6:38.73	6:38.91	6:39.39	
12	867	O?BRIEN, Anna	The Cyclery	Ottawa	Master B	24CHAL-0881	CWMA	52:20.74	-1 lap	17.54	5:38.65	6:32.83	6:34.86	6:38.91	6:35.44	6:41.37	6:46.69	6:51.98	
13	877	ALLEN, Valery	Ottawa Women?s Cycling Club: Cornwall Cycle Club	Cornwall	Master C	24COMP-0087	CWMC	52:49.11	-1 lap	17.38	5:32.57	6:53.91	7:07.69	6:32.98	6:38.25	6:40.38	6:51.13	6:32.21	
14	888	CHASE, Greta	The Cyclery	Ottawa	Senior	24COMP-0382	CWE	52:51.27	-1 lap	17.37	5:47.57	6:40.31	6:38.03	6:39.88	6:45.75	6:49.62	6:48.72	6:41.41	
15	876	HILLABY, Alyssa	Agowatt	Ottawa	Senior	24COMP-0317	CWE	53:03.76	-1 lap	17.30	6:03.44	6:43.35	6:35.77	6:38.20	6:34.69	6:43.57	6:54.05	6:50.69	
16	7	WAGENMAN, Emma	The Cyclery	Ottawa	Senior	24COMP-0191	CWE	53:56.69	-1 lap	17.02	5:47.24	6:44.34	6:40.26	6:42.54	6:47.45	7:02.08	7:16.62	6:53.27	
17	875	RUBENS, Olivia	Passion Project	Ottawa	Senior	ON76709	CWE	53:58.65	-1 lap	17.01	5:57.24	6:59.78	6:40.26	6:44.88	6:57.07	6:58.40	6:50.53	6:50.48	
18	426	NORTH, Madeline	Ottawa Bicycle Club	Ottawa	U15 Girls	ON76631	CWU15	54:22.68	-1 lap	16.88	5:51.43	6:47.54	6:49.48	6:49.24	6:56.86	7:11.01	7:08.08	6:49.04	
19	870	LEWIS-HAVARD, Sylvia	Kunstadt Sports Cycling Club: Carleton Place Slow Spokes	Carleton Place	Master B	24COMM-6342	CWMA	54:39.05	-1 lap	16.80	5:53.40	7:12.65	6:41.17	6:48.18	7:02.35	7:06.92	6:59.62	6:54.76	
20	183	CROOKS, Caitlin	Ottawa Women?s Cycling Club	Ottawa	Master B	24CHAL-0524	CWMB	55:06.61	-1 lap	16.66	6:04.51	7:01.33	6:53.39	6:52.55	7:01.55	7:04.92	7:01.73	7:06.64	
21	84	VAN DER MEULEN, Liv	Ottawa Bicycle Club	Richmond	U19 JrF	24COMM-5929	CWJ	55:29.04	-1 lap	16.55	6:08.50	7:01.94	6:57.07	6:56.41	7:14.55	6:59.13	7:07.03	7:04.43	
22	495	GIROUARD, Marcie	euro-sports	Ottawa	Master D	24COMP-0259	CWMD	55:55.36	-1 lap	16.42	6:18.04	6:57.52	7:24.22	6:49.17	7:03.62	6:53.48	7:17.66	7:11.64	
23	322	MCKENNA, Tammy	The Cyclery: Bakker?s Trailblazers	Stittsville	Master C	24CHAL-0469	CWMB	56:00.92	-1 lap	16.39	6:24.73	7:19.44	7:08.58	7:12.04	7:02.60	6:57.95	7:00.10	6:55.47	
24	321	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	24COMM-2389	CWMC	56:45.81	-1 lap	16.17	6:03.00	6:56.85	6:50.19	7:09.07	7:19.36	7:25.05	7:33.96	7:28.32	
25	327	MORRIS, Susan	Ottawa Women?s Cycling Club	Ottawa	Master C	24CHAL-0145	CWMC	56:55.14	-1 lap	16.13	6:14.42	7:04.07	7:07.86	7:18.14	7:19.01	7:10.13	7:20.35	7:21.16	
26	423	AIKMAN, M?lodie	Les Cuisses Or De L?Ouaiaouais: Ottawa Bicycle Club	Gatineau	U15 Girls	24COMM-6167	CWU15	57:16.87	-1 lap	16.03	6:04.80	6:47.94	7:02.56	7:34.88	7:27.61	7:21.84	7:35.87	7:21.38	
27	131	GLENDENNING, Carlee	Ottawa Women?s Cycling Club	Kanata	Master A	24CHAL-0707	CWE	51:54.59	-2 laps	15.43	6:01.63	7:24.07	7:36.42	7:42.19	7:47.16	7:41.39	7:41.73		
28	10	KELSO, Emilie	Shadow	Gatineau	Senior	eocx10	CWE	53:20.10	-2 laps	15.02	6:16.75	7:36.98	7:42.14	7:44.68	7:55.52	8:06.88	7:57.15		
29	189	TARDIF, Genevieve	The Cyclery	Gatineau	Master B	eocx189	CWMA	53:29.13	-2 laps	14.98	6:20.61	8:42.09	7:32.30	7:42.66	7:35.80	7:28.32	8:07.34		
30	328	FAUVELLE, Helene	Agowatt	Gatineau	Master C	eocx328	CWMB	54:54.23	-2 laps	14.59	6:19.74	7:27.88	7:39.39	8:16.88	8:13.59	8:38.92	8:17.82		
31	879	WEST, Emily		Ottawa	Master A		CWE	55:06.85	-2 laps	14.53	6:51.67	7:40.72	7:46.51	9:13.73	7:52.25	8:00.70	7:41.26		
32	188	TRICK, Jaime	Ottawa Bicycle Club	Ottawa	Master B	24COMM-5798	CWMA	55:51.71	-2 laps	14.34	7:05.96	7:56.95	8:01.17	7:50.50	8:25.59	8:31.35	8:00.18		
33	329	SLOBODIAN, Angela		Stittsville	Master C	24CHAL-1366	CWMC	56:24.64	-2 laps	14.20	6:37.17	7:43.80	7:52.25	9:07.70	8:35.53	8:14.38	8:13.81		
34	186	DUARTE, Roberta	Ottawa Bicycle Club	Gatineau	Master B	24COMM-3401	CWMA	59:52.09	-3 laps	11.43	7:48.80	9:48.67	10:26.93	11:29.88	11:09.61	9:08.20			
DNF	886	MESSIER, Jill		Gatineau	Master A	1ecx835	CWE			15.31	5:33.85	8:32.44							



Eastern Ontario Cyclocross Series #8

November 17, 2024

Master A 30-39 (Women)

13.35 km, 1st lap 1.65 km, 6 more laps of 1.95 km, winner: 51:55 - 15.43 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7
1	131	GLENDENNING, Carlee	Ottawa Women's Cycling Club	Kanata	Master A	24CHAL-0707	CWE	51:54.59		15.43	6:01.63	7:24.07	7:36.42	7:42.19	7:47.16	7:41.39	7:41.73
2	879	WEST, Emily		Ottawa	Master A		CWE	55:06.85	3'12.27"	14.53	6:51.67	7:40.72	7:46.51	9:13.73	7:52.25	8:00.70	7:41.26
DNF	886	MESSIER, Jill		Gatineau	Master A	1ecx835	CWE			15.31	5:33.85	8:32.44					



Eastern Ontario Cyclocross Series #8

November 17, 2024

U19 (Junior) (Women)

17.25 km, 1st lap 1.65 km, 8 more laps of 1.95 km, winner: 57:52 - 17.88 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	85	MOON, Emma	Bakker?s Trailblazers	Stittsville	U19 JrF	ON76477	CWJ	57:52.24		17.88	5:23.90	6:25.07	6:26.95	6:36.75	6:38.88	6:33.69	6:41.43	6:30.79	6:34.79
2	84	VAN DER MEULEN, Liv	Ottawa Bicycle Club	Richmond	U19 JrF	24COMM-5929	CWJ	55:29.04	-1 lap	16.55	6:08.50	7:01.94	6:57.07	6:56.41	7:14.55	6:59.13	7:07.03	7:04.43	



Eastern Ontario Cyclocross Series #8

November 17, 2024

Master B 40-49 (Women)

15.30 km, 1st lap 1.65 km, 7 more laps of 1.95 km, winner: 52:21 - 17.54 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	867	O'BRIEN, Anna	The Cyclery	Ottawa	Master B	24CHAL-0881	CWMA	52:20.74		17.54	5:38.65	6:32.83	6:34.86	6:38.91	6:35.44	6:41.37	6:46.69	6:51.98
2	870	LEWIS-HAVARD, Sylvia	Kunstadt Sports Cycling Club:Carleton Place Slow Spokes	Carleton Place	Master B	24COMM-6342	CWMA	54:39.05	2'18.32"	16.80	5:53.40	7:12.65	6:41.17	6:48.18	7:02.35	7:06.92	6:59.62	6:54.76
3	183	CROOKS, Caitlin	Ottawa Women's Cycling Club	Ottawa	Master B	24CHAL-0524	CWMB	55:06.61	2'45.88"	16.66	6:04.51	7:01.33	6:53.39	6:52.55	7:01.55	7:04.92	7:01.73	7:06.64
4	189	TARDIF, Genevieve	The Cyclery	Gatineau	Master B	eocx189	CWMA	53:29.13	-1 lap	14.98	6:20.61	8:42.09	7:32.30	7:42.66	7:35.80	7:28.32	8:07.34	
5	188	TRICK, Jaime	Ottawa Bicycle Club	Ottawa	Master B	24COMM-5798	CWMA	55:51.71	-1 lap	14.34	7:05.96	7:56.95	8:01.17	7:50.50	8:25.59	8:31.35	8:00.18	
6	186	DUARTE, Roberta	Ottawa Bicycle Club	Gatineau	Master B	24COMM-3401	CWMA	59:52.09	-2 laps	11.43	7:48.80	9:48.67	10:26.93	11:29.88	11:09.61	9:08.20		



Eastern Ontario Cyclocross Series #8

November 17, 2024

Senior (Women)

17.25 km, 1st lap 1.65 km, 8 more laps of 1.95 km, winner: 51:20 - 20.16 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	4	FLYNN, Emily	LA Sweat	Ottawa	Senior	ON76534	CWE	51:20.15		20.16	4:48.69	5:49.24	5:49.04	5:50.74	5:45.17	5:46.40	5:47.89	5:50.05	5:52.93
2	1	ELLIOTT, Natasha	The Cyclery	Gatineau	Senior	eocx1	CWMB	51:35.26	0'15.12"	20.06	4:48.10	5:51.37	5:49.10	5:48.41	5:45.37	5:51.46	5:51.80	5:54.63	5:55.04
3	2	WENDLAND, Jodi	The Cyclery	Ottawa	Senior	ON76687	CWMA	51:51.49	0'31.35"	19.96	5:06.23	5:50.49	5:49.86	5:48.57	5:46.45	5:51.87	5:53.21	5:57.25	5:47.57
4	868	MILETTE, Laury	Komugi Grand-Est	Ottawa	Senior		CWE	52:09.07	0'48.93"	19.85	5:10.30	5:49.05	5:46.59	5:50.64	5:51.79	6:02.45	5:51.47	5:54.72	5:52.05
5	3	STROUD, Raylan	The Cyclery	Perry	Senior	ON76693	CWE	52:30.06	1'09.92"	19.71	5:04.01	5:54.27	5:54.21	5:56.11	5:53.06	5:57.00	5:50.88	6:00.66	5:59.86
6	13	VARAH, Nina	The Cyclery	Ottawa	Senior	24CHAL-1361	CWE	56:01.59	4'41.44"	18.47	5:19.81	6:19.82	6:11.63	6:14.16	6:20.18	6:34.53	6:19.60	6:19.71	6:22.14
7	887	BILODEAU, Laetitia	Passion Project	Gatineau	Senior	2ecx713	CWE	57:50.33	6'30.19"	17.89	5:55.57	6:27.36	6:32.39	6:38.79	6:27.50	6:30.32	6:21.63	6:21.03	6:35.75
8	888	CHASE, Greta	The Cyclery	Ottawa	Senior	24COMP-0382	CWE	52:51.27	-1 lap	17.37	5:47.57	6:40.31	6:38.03	6:39.88	6:45.75	6:49.62	6:48.72	6:41.41	
9	876	HILLABY, Alyssa	Agowatt	Ottawa	Senior	24COMP-0317	CWE	53:03.76	-1 lap	17.30	6:03.44	6:43.35	6:35.77	6:38.20	6:34.69	6:43.57	6:54.05	6:50.69	
10	7	WAGENMAN, Emma	The Cyclery	Ottawa	Senior	24COMP-0191	CWE	53:56.69	-1 lap	17.02	5:47.24	6:44.34	6:43.16	6:42.54	6:47.45	7:02.08	7:16.62	6:53.27	
11	875	RUBENS, Olivia	Passion Project	Ottawa	Senior	ON76709	CWE	53:58.65	-1 lap	17.01	5:57.24	6:59.78	6:40.26	6:44.88	6:57.07	6:58.40	6:50.53	6:50.48	
12	10	KELSO, Emilie	Shadow	Gatineau	Senior	eocx10	CWE	53:20.10	-2 laps	15.02	6:16.75	7:36.98	7:42.14	7:44.68	7:55.52	8:06.88	7:57.15		



Eastern Ontario Cyclocross Series #8

November 17, 2024

Master C 50-59 (Women)

17.25 km, 1st lap 1.65 km, 8 more laps of 1.95 km, winner: 56:24 - 18.35 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Lap 9
1	871	TESSIER, Sonia		Gatineau	Master C	1ecx851	CWMB	56:24.28		18.35	5:21.98	6:17.61	6:14.99	6:18.98	6:23.59	6:21.54	6:26.85	6:29.09	6:29.64
2	323	FICKER, Christine	euro-sports	Carp	Master C	24COMP-0699	CWMB	57:44.36	1'20.08"	17.93	5:19.54	6:22.35	6:29.61	6:27.89	6:30.35	6:37.79	6:40.11	6:38.01	6:38.72
3	320	MOUSSEAU, Nathalie	euro-sports	Stittsville	Master C	24COMP-0613	CWMB	51:31.78	-1 lap	17.82	5:28.47	6:29.86	6:29.24	6:32.04	6:35.13	6:38.73	6:38.91	6:39.39	
4	877	ALLEN, Valery	Ottawa Women?s Cycling Club: Cornwall Cycle Club	Cornwall	Master C	24COMP-0087	CWMC	52:49.11	-1 lap	17.38	5:32.57	6:53.91	7:07.69	6:32.98	6:38.25	6:40.38	6:51.13	6:32.21	
5	322	MCKENNA, Tammy	The Cyclery: Bakker?s Trailblazers	Stittsville	Master C	24CHAL-0469	CWMB	56:00.92	-1 lap	16.39	6:24.73	7:19.44	7:08.58	7:12.04	7:02.60	6:57.95	7:00.10	6:55.47	
6	321	COURTEMANCHE, Cindy	Ottawa Women?s Cycling Club	Ottawa	Master C	24COMM-2389	CWMC	56:45.81	-1 lap	16.17	6:03.00	6:56.85	6:50.19	7:09.07	7:19.36	7:25.05	7:33.96	7:28.32	
7	327	MORRIS, Susan	Ottawa Women?s Cycling Club	Ottawa	Master C	24CHAL-0145	CWMC	56:55.14	-1 lap	16.13	6:14.42	7:04.07	7:07.86	7:18.14	7:19.01	7:10.13	7:20.35	7:21.16	
8	328	FAUVELLE, Helene	Agowatt	Gatineau	Master C	eocx328	CWMB	54:54.23	-2 laps	14.59	6:19.74	7:27.88	7:39.39	8:16.88	8:13.59	8:38.92	8:17.82		
9	329	SLOBODIAN, Angela		Stittsville	Master C	24CHAL-1366	CWMC	56:24.64	-2 laps	14.20	6:37.17	7:43.80	7:52.25	9:07.70	8:35.53	8:14.38	8:13.81		



Eastern Ontario Cyclocross Series #8

November 17, 2024

Under 15 Girls (Women)

15.30 km, 1st lap 1.65 km, 7 more laps of 1.95 km, winner: 54:23 - 16.88 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	
1	426	NORTH, Madeline	Ottawa Bicycle Club	Ottawa	U15 Girls	ON76631	CWU15	54:22.68		16.88	5:51.43	6:47.54	6:49.48	6:49.24	6:56.86	7:11.01	7:08.08	6:49.04	
2	423	AIKMAN, Mélodie	Les Cuisses Or De L'Ouiauouais	Ottawa Bicycle Club	Gatineau	U15 Girls	24COMM-6167	CWU15	57:16.87	2'54.19"	16.03	6:04.80	6:47.94	7:02.56	7:34.88	7:27.61	7:21.84	7:35.87	7:21.38



Eastern Ontario Cyclocross Series #8

November 17, 2024

Master D 60+ (Women)

15.30 km, 1st lap 1.65 km, 7 more laps of 1.95 km, winner: 55:55 - 16.42 km/h

Pos	Bib	Name	Team	City	Category	License	NatCode	Time	Gap	km/h	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8
1	495	GIROUARD, Marcie	euro-sports	Ottawa	Master D	24COMP-0259	CWMD	55:55.36		16.42	6:18.04	6:57.52	7:24.22	6:49.17	7:03.62	6:53.48	7:17.66	7:11.64